Happily

Ever After

What Makes Relationships Work

Face-to-face conversations don't work by phone. V Good intentions are only a beginning. V Loving someone means putting their interests before your own. 🧡 When you dress for the day, don't forget to wear your smile. V Gifts are not a substitute for caring. V It's the moments in life, not the days, that we remember. 🧡 The more time you think about their needs, the less time you'll think about your own. 🧡 Never stop courting your spouse. \forall Talk things out (except when you're talking to yourself). \forall Don't expect people to look up to you if you look down on them. Y Raised voices are rarely heard. Y A promise should be as binding as a contract. 💙 See their side of the argument before expecting them to see yours. V Bring out the best in them. V A conversation shouldn't be a monologue. V Learn how to disagree without being disagreeable. V Accept people for who they are...not who you'd like them to be. V Some people say more through their silence. 🧡 Words spoken in confidence are words spoken in trust. 🧡 Marrying for money is a high price to pay. \forall No good deed is ever too small to say thanks. \forall Don't keep score in the game of life. \forall The only thing worse than talking about others is talking about yourself. ♥ Those who only find fault in other people rarely find fault in themselves. ♥ Watch each other's back. ♥ Play nice and share your toys. \forall When everyone tries to gain the upper hand, we all lose — hands down. ♥ The greatest time-savers are saying "I don't know" and "I was wrong." ♥ Always tell the truth or the truth will tell on you. 💙 Everyone wins when you agree to disagree. 🧡 It's better to bite your tongue than to eat your words. 💙 Relax. Just relax. 💙 "Biting the hand that feeds you" is hard to digest. 💙 Trust takes a long time to develop, but can be destroyed in seconds. V Compliment people in public; criticize them in private. \forall If you take things for granted, you won't have them for very long. \forall Tough times reveal true friends. V Don't offer advice to those who don't want it. V Criticism is a hostile substitute for feedback. V Togetherness sometimes means giving someone their space. V Yield the right-of-way in your marriage. 💙 Be present when you're together. 🧡 Clean up after you make a mess. 🧡 Celebrate your short-term wins in the marathon of life. \forall The office is the only place for a boss. \forall A yawn is worth a thousand words. 💙 Make big decisions together. 🧡 Live a little and laugh a lot. 🧡 An ounce of love outweighs a pound of promises. \forall Relationships are built on the little things.

Some of these thoughts are excerpted from *It's the Thought That Counts: Over 500 Thought-Provoking Lessons to Inspire a Richer Life* by Frank K. Sonnenberg and Alan D. Hembrough. © 2001 Frank K. Sonnenberg. All rights reserved. © 2011 Frank Sonnenberg.

