## Happily

**Ever After** 

What Makes Relationships Work

Face-to-face conversations don't work by phone. V Good intentions are only a beginning. V Loving someone means putting their interests before your own. 🧡 When you dress for the day, don't forget to wear your smile. V Gifts are not a substitute for caring. V It's the moments in life, not the days, that we remember. 🧡 The more time you think about their needs, the less time you'll think about your own. 🧡 Never stop courting your spouse.  $\forall$  Talk things out (except when you're talking to yourself).  $\forall$  Don't expect people to look up to you if you look down on them. Y Raised voices are rarely heard. Y A promise should be as binding as a contract. 💙 See their side of the argument before expecting them to see yours. V Bring out the best in them. V A conversation shouldn't be a monologue. V Learn how to disagree without being disagreeable. V Accept people for who they are...not who you'd like them to be. V Some people say more through their silence. 🧡 Words spoken in confidence are words spoken in trust. 🧡 Marrying for money is a high price to pay.  $\forall$  No good deed is ever too small to say thanks.  $\forall$  Don't keep score in the game of life.  $\forall$  The only thing worse than talking about others is talking about yourself. ♥ Those who only find fault in other people rarely find fault in themselves. ♥ Watch each other's back. ♥ Play nice and share your toys.  $\forall$  When everyone tries to gain the upper hand, we all lose — hands down. ♥ The greatest time-savers are saying "I don't know" and "I was wrong." ♥ Always tell the truth or the truth will tell on you. 💙 Everyone wins when you agree to disagree. 🧡 It's better to bite your tongue than to eat your words. 💙 Relax. Just relax. 💙 "Biting the hand that feeds you" is hard to digest. 💙 Trust takes a long time to develop, but can be destroyed in seconds. V Compliment people in public; criticize them in private.  $\forall$  If you take things for granted, you won't have them for very long.  $\forall$  Tough times reveal true friends. V Don't offer advice to those who don't want it. V Criticism is a hostile substitute for feedback. V Togetherness sometimes means giving someone their space. V Yield the right-of-way in your marriage. 💙 Be present when you're together. 🧡 Clean up after you make a mess. 🧡 Celebrate your short-term wins in the marathon of life.  $\forall$  The office is the only place for a boss.  $\forall$  A yawn is worth a thousand words. 💙 Make big decisions together. 🧡 Live a little and laugh a lot. 🧡 An ounce of love outweighs a pound of promises.  $\forall$  Relationships are built on the little things.

Some of these thoughts are excerpted from *It's the Thought That Counts: Over 500 Thought-Provoking Lessons to Inspire a Richer Life* by Frank K. Sonnenberg and Alan D. Hembrough. © 2001 Frank K. Sonnenberg. All rights reserved. © 2011 Frank Sonnenberg.

