

KEEP IT SIMPLE

LEAVE WORK AT WORK

TELL THE TRUTH

NO IS AN OPTION

LISTEN

ASK FOR HELP

LIVE WITH LESS

DON'T LOOK BACK

LEARN FROM OTHERS

APPRECIATE WHAT YOU HAVE

IGNORE DISTRACTIONS

UNSUBSCRIBE

FIND A SHORTCUT

DON'T TRY TO WIN ALL THE TIME

PLAN FOR AN EMERGENCY

SAY I'M SORRY

BE HONEST WITH YOURSELF

LEARN THE MEANING OF ENOUGH

FIGHT THE BIG BATTLES

AVOID THE DRAMA

DON'T TRY TO BE PERFECT

LEARN BY MISTAKES

THINK BEFORE YOU SPEAK

PRIORITIZE