13 WAYS TO DEMONSTRATE HONESTY

1. Think before you speak.
2. Say what you mean and mean what you say.
3. Bend over backward to communicate in an open and honest fashion.
4. Simplify your statements so that everyone clearly understands your message.
5. Tell it like it is rather than sugarcoating it.
6. Present both sides of each issue to engender objectivity.
7. If you have a personal bias or a conflict of interest, make it known.
8. Tell people the rationale behind your decisions so that your intent is understood.
9. If something is misinterpreted, quickly correct the record.
10. Don’t shoot the messenger when someone tells you the truth. Thank them for their honesty and treat the information provided as a gift.
11. Willingly accept responsibility by admitting a mistake or an error in judgment — in a timely fashion.
12. Hold people accountable when their words do not match their actions.
13. Never compromise your integrity and reputation by associating yourself with people whose standards of integrity you mistrust.