

# 8 WAYS

TO BUILD A STRONG FOUNDATION

*for Your Kids*

**NURTURING** Parenting is not a part-time job. Children require continual encouragement and support. Parents are the cheerleaders who provide hope and optimism for the future. **PERSONAL**

**SACRIFICE** Parents are selfless people willing to forgo a great deal to benefit their children. They dream of offering their children a better life than they had. **DISCIPLINE** Parents know that disciplining a

child is not easy. Although it's rarely appreciated, it's often in the child's best interest. **PERSONAL**

**RESPONSIBILITY** Parents know that it takes a village to raise a child, but they do not outsource responsibility for building a good foundation for their kids. They also teach their children to accept responsibility for

their actions and choices. **EMPATHY** Parents teach kids that success is the result of hard work. And although occasional disappointment is inevitable, they shouldn't let it derail the journey. Parents are always there

to provide a ray of sunshine when the sky fills with clouds. **INNER VOICE** When kids grow up, they hear their parent's voice in their subconscious. Make sure the words they hear offer positive messages.

**SETTING AN EXAMPLE** Parents know their behavior will be emulated. Therefore, they can instill good personal values and a strong work ethic by serving as exemplary role models. Furthermore, they

know that friends and family, teachers and pastors, celebrities and athletes, and even video games, movies, and music influence behavior. Are they good or bad influences? **FAMILY** The family provides a child with roots,

much-needed structure, and unconditional love. Families also provide their children with a happy home — a place where a child is always safe and welcome.