

HOW TO PREPARE FOR YOUR

Golden Years

LIVE BEFORE YOU DIE.

Spend your time doing want-to's rather than have-to's. That's a sure way to live life without regret.

BE SPONTANEOUS.

Don't just create a bucket list...live life hard.

BE A COLLECTOR OF MOMENTS, NOT THINGS.

Make every moment matter. As the saying goes, "Every day is an opportunity to make a new happy ending."

REJECT NEGATIVITY.

Be positive and optimistic. Don't let regret, worry, or self-pity rob you of your precious days.

INVEST YOUR TIME.

When you have a choice between time and money, pick time.

PURSUE YOUR DREAMS.

Don't let fear or obstacles get in your way. Others can stop you for a moment. Only you can stop yourself for good.

BE THE REAL YOU.

Have the courage to live your own life rather than living the life others expect you to have.

GIVE THANKS.

Don't wait a lifetime to tell that special someone that you care. And if you have unresolved issues, push to gain closure.

PLAY SHOW-AND-TELL.

Prepare your friends and family to live without you.

GET YOUR AFFAIRS IN ORDER.

Review and update all appropriate legal documents. Make sure papers, passwords, and other key items of information are simple to find and easy to understand.

MAKE A DIFFERENCE.

When most people look back on their life, they measure success by having lived life with purpose.

