Precious Moments **COME** and **GO**

Are you conscious of the habits you've developed over time?

Busy bee. Some people are always on the run. They spend so much time looking at their watch that they rarely take time to savor the moment.

Worrywart. Some folks are so afraid of what tomorrow will bring that they spend more time worrying about what *might* happen than enjoying what is happening.

Juggler. Some people multitask so much that they never give their undivided attention to anything. Even though they're physically present, you're never quite sure if they're *really* there.

Naysayer. Some folks are so busy complaining about life that they fail to see the rainbow shining through the clouds.

Braggart. Some people are so fixated on showing off their success that they don't realize their game-playing is all-consuming — with no end in sight.

Eager beaver. Some folks' lust for power starts out as a goal, but ends up as an obsession. They're so busy clawing their way to the top that they overlook the price they're paying to get there.

Hothead. Some people spend so much time harboring anger that it consumes their day and overshadows their blessings.

Ungrateful. Some folks take things for granted and then frantically try to win back what they never took the time to appreciate.

Pushover. Some people spend so much effort trying to win acceptance from others that they never satisfy their own needs.

Grouch. Some folks bring work concerns home with them and take their frustrations out on the people they care about most.

Self-absorbed. Some people are so wrapped up in their own needs that they fail to notice the desires of their loved ones.

Time waster. Some folks waste their time each day and then wonder, with amazement, why they don't have time for anything that's important to them.

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