

YOUR PERSONAL STANDARDS DEFINE YOU

Never lower your standards, compromise your integrity, or dishonor your name. Do not:

GIVE IN TO TEMPTATION. Have the willpower and self-respect to say “no.”

RELAX YOUR STANDARDS. Some people are tempted to lower their standards because others are slacking off. While it may be appealing to take a breather, bad habits are hard to break.

FOLLOW THE CROWD. Know when to say “no.”

MIMIC INAPPROPRIATE BEHAVIOR. “Everybody does it” doesn’t mean *you* have to do it.

LOOK THE OTHER WAY. Every time you close your eyes to immorality or injustice, you’re condoning it.

CRAVE ACCEPTANCE. Some people will do *anything* to win acceptance from the in-crowd. Think long and hard before you pay the price of admission.

GET DRAGGED INTO A TUSSLE. As a famous saying goes, “Never wrestle with pigs. You both get dirty and the pig likes it.”

LOSE CONTROL OF YOUR TEMPER. If you’re angry or upset, count to 10 before communicating your feelings.

COMPROMISE YOUR VALUES. Some folks impose their way of thinking on others. You win a debate with a better argument, not by force.

TAKE SHORTCUTS. The prize for living with honor and integrity is that, even though you won’t win all the time, you’ll be true to yourself and your values.

