

# How to Determine If Someone Is TRUSTWORTHY

Here are 25 ways to know that someone can be trusted:

- I can always count on him. He'd never let me down.
- She's the same in public as she is in private.
- His promise is as good as a contract.
- She's always willing to help others and rarely asks for anything in return.
- He tells me the truth — even when it hurts.
- She'd never say anything behind my back that she wouldn't say directly to me.
- He treats everyone warmly — even if they can't do anything for him.
- He spends more time telling me what he's *done* than *promising* what he'll do.
- I can confide in her. She can really keep a secret.
- She doesn't spin the truth. She tells it like it is.
- He's always on time. I can set my watch by him.
- She's objective. She always presents both sides of an issue.
- He has strong convictions. He doesn't blow in the wind.
- She's respectful, even when she doesn't agree with me.
- He'd never ask me to do anything that he wouldn't do himself.
- When she makes a mistake, she admits it — and accepts responsibility.
- I always know where he stands. He's anything but a 'yes' person.
- She a big believer in win-win relationships.
- He's a team player, always willing to make sacrifices for the team.
- She's a good friend. I can count on her in good times and bad.
- He's very fair — open-minded, objective, and even-handed.
- She tries to do what's right rather than what's politically expedient.
- He's not an envious person. He's genuinely happy for my success.
- She's the real deal — what you see is what you get.
- I never fear that he's withholding information from me.

