



# How to Get a Reality Check



Listen don't just talk.

Surround yourself with a diverse set of views and opinions.

Question your *assumptions* and challenge your *opinions*.

Identify whether a *personal bias* is clouding your judgment.

Determine whether you're evaluating *all* sides of an issue.

Debate as if you're right but listen in case you're wrong.

Evaluate ideas based on *merit* rather than the *status* of the presenter.

Assess whether an expert is really an expert after all.

Consider whether you're acting *rationally* or *emotionally*.

Identify whether you're making the *right* decision or the *safe* one.

Determine whether a decision is based on sound *rationale* or swayed by groupthink.

Challenge the status quo rather than be encumbered by previous decisions.

Focus on the *facts* rather than *opinion*.

Consider whether circumstances have changed since a decision was made.

Reevaluate whether a program is delivering results as planned.



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