

15 Ways to Make a Meaningful Impact

Some people believe they can't positively impact others' lives because they aren't rich, successful, or powerful. They tell themselves, "I'm just one person. What difference can I make?" or "The world is so vast, what effect can one person have?" Yet, as the Dalai Lama wisely said, "If you think you are too small to make a difference, try sleeping with a mosquito."

While it's tough to change the world, you can change the world around you.

Here are 15 ways to leave your mark:

- Become a mentor.
- Entrust someone with responsibility.
- Be a kind neighbor.
- Volunteer within your community.
- Comfort someone in need.
- Find someone who could use a smile.
- Spend quality time with someone.
- Make someone feel special.
- Help someone deal with disappointment.
- Teach someone the ropes.
- Be available for someone who's lonely.
- Be a catalyst for action.
- Organize a fundraiser.
- Share your values.
- Create a legacy.

*Excerpted from **Values to Live By: Know What Matters Most and Let It Be Your Guide.***



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