

23 Ways

to Show Your Gratitude

Affection. “I love you.”

Achievement. “Great job. You knocked it out of the park.”

Growth. “You’ve shown incredible growth this past year.”

Effort. “We appreciate how hard you tried.”

Hard work. “Thanks for the effort.”

Cooperation. “We couldn’t have done it without you.”

Impact. “We’ll never forget what you did for us.”

Tough love. “Thanks for pushing me to do my best.”

Mentoring. “Thanks for showing me the ropes.”

Parenting. “Thanks for passing on your values.”

Sacrifice. “You gave up so much for me.”

Friendship. “Thanks for being there when I needed you most.”

Career support. “Without your support, I wouldn’t be here today.”

Motivation. “Thanks for lifting me up when I was down.”

Role model. “I’ve always looked up to you.”

Personal growth. “I learned so much from you.”

Recommendation. “They were fantastic. I highly recommend them.”

Apology. “I’m so sorry that...”

Reliability. “I can always count on you.”

Advice. “Your advice really paid off.”

Success. “I’m so proud of you.”

Opportunity. “You took a chance on me when no one else did.”

Recognition. “You’re going to be a star.”

Excerpted from *Values to Live By: Know What Matters Most and Let It Be Your Guide*

